



BETHSHAN NURSING HOME

Residential & Nursing Care



'Caring for those you care about'

Residential



Respite



Day Care

The Bethany House Group

The Bethany House Group is comprised of two care homes both situated in the heart of West Cumbria. We are a long established, family-owned business and are celebrating over 35 years of providing exceptional quality care to hundreds of older people in West Cumbria.

We are incredibly proud of both our homes; our caring ethos is prevalent throughout, we have a team of dedicated and highly skilled carers, nurses and support staff who ensure that excellent, compassionate care is delivered 24 hours a day, 7 days a week.

We are committed to providing the highest possible standard of care to the people who use our services. We intend that the service will be safe, comfortable and efficient. Whilst we can never replace your own home we aim to provide the next best thing. It is our mission to enable the people who use our service, to live their lives as independently as possible in the way they choose. We respect all individuals right to choice, to direct their own lifestyle, to take reasonable risks and to control their own lives to the absolute limit to which they are capable.

A note from the manager

Hello and a very warm welcome to Bethshan Nursing Home

Firstly we'd like to thank you for considering Bethshan Nursing Home for yourself or your loved one. We hope this brochure will give you an insight into our wonderful home, but if you'd like to talk to us or ask us any questions, one of our friendly team are always available.

Bethshan Nursing Home is our 36 bed Nursing home in Whitehaven, just minutes from the historic town and harbour which our residents love to visit on days out.

Within Bethshan Nursing Home we have three separate wings; Rose, Iris & Daisy. This is hugely beneficial so that we can maintain a home-from-home feel which is cosy, warm & nurturing, our staff remain on 'their' wing wherever possible so that continuity of care is maintained and positive, secure relationships can be formed. We are there for each one of our residents, to meet their needs, NEVER the other way round. We pride ourselves on this ethos and hope that it is obvious to see if you decide to visit.

During the day you will always find 1 nurse, 6 senior carers/carers as well as other members of staff. During the night we have 1 nurse and 2 carers in the home to meet the needs of all our residents. We offer 24 hour care for both long term and respite needs and will be more than happy to discuss your requirements & help you in making a fully informed choice.

We look forward to seeing you soon,

Chantel & all the staff

Who are we?

The Owner

The owner of The Bethany House Group is Joy Ditchburn, the group consists of Bethshan Nursing Home and Bethany House.

Joy and her husband David were both born and raised in West Cumbria, with Joy completing her training to become a Registered General Nurse (RGN) at West Cumberland Hospital, together they did some volunteering in their early years but their hearts remained in West Cumbria and in 1986 they returned and bought, what was, St Nicholas' Vicarage - and is now Bethany House.

They have had the privilege of being entrusted with the care of hundreds of older people, mainly from West Cumbria, but quite often other parts of the country as well.

However it has now come to the point in their lives for Joy to join David in retirement and hand the reigns to 2 of their 5 children. Daniel Ditchburn and Rachel Ward. Daniel and Rachel have both grown up in the residential home environment and are knowledgeable, experienced and excited to move forward in this role.

The Bethshan Nursing Home Team

The home's Manager is Chantel Pears. Chantel has a wealth of knowledge and is very passionate about the care our residents receive. She heads up a team of fully trained, dedicated carers and staff to ensure around the clock care. Along with her wonderful team, everyone in the homes understand that our residents care, happiness and safety is paramount.

We fully believe that everyone should be valued as an individual and by working with our residents, their relatives, friends and carers we maintain and promote the wellbeing of each and every person in our care.

Lorena Sambile is our Clinical Lead. Lorena job shares with Chantel and is in charge of all Nursing aspects and regulated activity; Nursing Care on Bethshan Nursing Homes site.



"Thank you for all the wonderful care & attention that you gave to my wife. For the last five years we have had nothing but the best from you all."

Who calls Bethshan Nursing Home, home?

Nearly all who come to live here at Bethshan Nursing Home are older and retired people who for various reasons have found living alone a little difficult. For most, it has been a decision they have made, alongside their family and friends. They tell us that they have made the decision for many reasons but mostly have thought it would be beneficial for them to live somewhere where there are people around to help at all times, should they need it.

Why choose Bethshan Nursing Home?

Bethshan is a very friendly place to live and even if you do not know anyone else here at first you will soon get to know them as friends. We want all who come to live with us feel happy, cared for, respected, and valued as an individual. Chantel and her team do their utmost to ensure that each resident feels exactly that. Across both Bethshan Nursing Home & Bethany House our staff arrange many activities for our residents to do. As well as local entertainers coming into to the home's, you will often see our residents & staff out and about in the glorious sunshine so residents can enjoy an ice cream and some sea air.

Your Room

The room you are in is your own personal space. All the bedrooms at Bethshan are en-suite. All who live with us here are encouraged to make their room as personal as they like. You can bring some of your own furniture and pictures etc. If you are not happy with the room colours we will endeavor to decorate to your liking.

You would only ever be asked to change rooms for reasons of your health and wellbeing & in consultation with yourself, and family.

Feel free to bring some of your own furniture, pictures and ornaments etc. However, this is subject to any furniture being fully fire retardant and after a full risk assessment.

You can have your own television in your room where they all have free view. Again, if you choose you can have sky TV fitted.

Residents at Bethshan can get up and go to bed when you wish just like you would at home. It is a major ethos at Bethshan that we are there for you, to meet your life style and never the other way round.



"Not only do (all the staff) conduct themselves in a professional manner but they so obviously really care for their 'residents' (perhaps a more accurate description would be their 'Friends')." ."

Your Life

At Bethshan Nursing Home we want you to feel as comfortable and as close to being in your own home as possible. We encourage our residents to get up in the morning and go to bed at night whenever they wish, some people decide to retreat to their rooms during the day for some rest too. Our aim is to help each and everyone of our residents to be as free and relaxed as we can possibly make it in a happy and homely environment.

We fully believe that everyone should be valued as an individual and by working with our residents, their relatives, friends and carers we maintain and promote the wellbeing of each and every person in our care.

The Lounge's and Day Space

You will find that Bethshan has a good amount of day space for the numbers of residents who will be living here with you.

This is important so you will always be able to have space to live and meet your visitor's whether that is in your own private room or in one of the three sitting areas within the home.



"Thank you for the wonderful way you cared for my mum. It really helped us, being so far away, to know that she was treated with such care and compassion"

Meal Times & Menu

It is important to us that you have food that you enjoy and that mealtimes are something that everyone looks forward to. We have an excellent, varied menu that is prepared freshly on site each day, if there is something you'd like to request then we welcome your choice and endeavour to prepare it for you.

Snacks and hot drinks are always available for you at anytime of the day or night, our staff will be happy to get you what you would like, however we do have set meal times;

Breakfast 9:00am or served at a time that suits you.

Morning Refreshments 10am - Coffee, Tea & Biscuits

Lunch 12pm - Choice of main course followed by a selection of cakes and a hot drink

Afternoon Refreshments 3pm - Coffee, Tea & Biscuits

Evening Meal 4.00pm - Choice of Soup and a selection of sandwiches or hot snack and choice of dessert

Supper 7pm - Choice on toast, cereals, crumpets & hot drinks

Each day we have a menu from which the residents get to choose what they would like to eat that day, there is a choice for breakfast, lunch, tea & supper



“From the bottom of our hearts thank you for the care, patience, love and dignity you gave our dad in the last months”

Photo Gallery



'Not just a care home but a home of care'

Bethshan Nursing Home

Yewbarrow Close

Whitehaven

CA28 8HB

Tel: 01946 590071

Email: admin@bethshan.care

Bethany House

20 Front Corkickle

Whitehaven

CA28 8AA

Tel: 01946 695556

Email: admin@bethany.care



website: www.thebethanyhousegroup.co.uk